

Date	Monday	Tuesday	Wednesday	Thursday	Friday
Week one 09/01/17 06/02/17 06/03/17 03/04/17	Snack Digestive and cheese with fruit Lunch Beef and vegetable Stew Pudding raspberries and yoghurt High tea smiley faces and spaghetti hoops	Snack Toasted Pancakes with fruit Lunch Chicken curry with Rice and Naan Bread Pudding Jelly and ice-cream High tea Tuna pasta bake	Snack treacle bread and fruit Lunch lasagne and garlic bread Pudding carrot and orange sponge cake High tea roasted pepper soup and bread	Snack toasted wheaten bread and fruit Lunch chicken pie, potato and vegetables Pudding cinnamon and apple crumble with custard High tea tomato and cheese toasted muffins	Snack Toasted muffins and fruit Lunch fish pie pudding banana bread High tea tomato and lentil soup with bread
Week two 16/01/17 13/02/17 13/03/17 10/04/17	Snack Toasted Pancakes with fruit Lunch fish fingers, beans and potatoes Pudding cheese and fruit High tea hot dogs	Snack cherry soda and fruit Lunch chicken and broccoli bake pudding yoghurt and fruit High tea mushroom vol-au-vent	Snack banana and toast Lunch savoury mince, root vegetables and potatoes Pudding jelly and ice-cream High tea broccoli soup and bread	Snack fruit soda with fresh fruit Lunch Chicken curry, rice and naan bread Pudding cinnamon and apple crumble with custard High tea Tuna and vegetable pasta bake	Snack Toasted Muffins with fruit Lunch steak pieces with vegetables and potatoes pudding banana bread High tea ham and pea soup
Week three 23/01/17 20/02/17 20/03/17 17/04/17	Snack banana on toast Lunch cod in cheese sauce, potato and vegetables Pudding Jelly and Yoghurt High tea pizza muffins	Snack Digestive and cheese with Fruit Lunch mild chilli beef and rice pudding Apple crumble and ice-cream High tea chicken and vegetable rice	Snack toasted oven wheaten and fruit Lunch beef and vegetable hotpot Pudding banana bread High tea mushroom soup and sandwiches	Snack toasted pancakes and fruit Lunch cottage pie with sweet potato topping pudding cheese and fruit High tea Homemade sausage rolls	Snack treacle bread and fruit Lunch Chicken pie and vegetable with potato pudding blueberry sponge High tea vegetable broth and bread
Week four 30/01/17 27/02/17 27/03/17 24/04/17	Snack fruit soda and fresh fruit Lunch savoury mince, potato and vegetables Pudding banana bread High tea chicken vegetable and rice	Snack crackers and cheese with fruit Lunch fish pie pudding blueberry sponge High tea Homemade sausage rolls	Snack treacle bread and fruit Lunch sausages, beans and potatoes Pudding apple crumble and ice-cream High tea ham and pea soup	Snack Toasted muffins and fruit Lunch Chicken and broccoli bake Pudding yoghurt and jelly High tea smiley faces and hoops	Snack Pancakes and Fruit, Lunch chicken curry, rice and naan bread pudding cheese and fruit High tea Homemade roasted pepper soup

*Milk and water is served with all main meals **Please note:** Where a special celebration occurs such as Christmas, Chinese New Year, St. Patrick's Day etc the menu will be adapted in accordance with culture traditions. This will be noted in your child's communication book. All fruit and vegetable is sourced from a local farmer therefore it may vary according to what is in current season.

**Please find overleaf alternatives offered to baby room where high tea is not suitable for that age group – this will be noted in your baby's communication book.